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Interviewee: Carolyn Dailey Interviewer: Larry Massie

Attendees: Larry Massie, Carolyn Dailey Topic: John Fetzer's Spiritual Search

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Larry This is Larry Massie. It's November 16, 2011. I'm talking to Carolyn Dailey

again, at her home on Brahms Avenue, Portage, Michigan, to ask some

follow-up questions.

Carolyn I think it was about 1975 when you and John got initiated into TM. That's

about the right date I think, isn't it?

Carolyn I think so, because I started to work for him in 1973 and by then he was

interested in the meditation practices, and then he got into Transcendental

Meditation.

Larry And what was that?

Carolyn Well, interestingly enough, The Beatles were initiated into Transcendental

Meditation and they went to India to study with Maharishi Mahesh Yogi.

Larry So this was his method then.

Carolyn Right. I'm not sure how John got interested in it. That's what I don't know.

But what I know is that he wanted to be initiated and he was dragging me

along with him.

Larry Oh, really?

Carolyn And my daughter became initiated in Transcendental Meditation as well.

Larry What's your daughter's name?

Carolyn Kim.

Larry And did you go somewhere [for the initiation]?

Carolyn Yes, we went somewhere. I don't remember where it was, but I remember that

as we went there, we had to take an offering like you might do in India, of

fruit and flowers. That was our offering to honor the master teacher and to show our intention.

Larry Okay, and this was in Kalamazoo.

Carolyn It was in Kalamazoo. I don't know whether it was a motel room or it was a place at K-College. It was an out of the way place.

Larry So you went there and presented the flowers and the fruit.

Carolyn To the Initiator.

Larry Is that a yogi?

Carolyn It would be an emissary of the master teacher. It would be someone that he trained to give you an inner mantra that you would say to yourself. Then he would explain the practice to you.

Larry That happened like in an evening.

Carolyn It was an evening, yes.

Larry Were there other people or was it just the three of you?

Carolyn There were just the three of us because, as you know, John was very private about these kinds of things. We received our initiatory tone separately from each other.

Larry Okay, because that's secret.

Carolyn It's like a secret. It seems like the vibration is given to each person according to what they need.

Larry Is this like the unspoken name of God? Is that what it is?

Carolyn That's what I'm not sure. I don't think this practice was the Sound and Light current tradition which is unspoken, and you can't repeat it to anyone else. Although they did tell you that it's yours alone, and not to give it to anyone else, which is part of your contract.

Larry Okay, you're talking about TM now?

Carolyn TM, still TM.

Larry Yes. Before I get into the baseball team, do you know why he wanted you to come along and your daughter?

Carolyn No, I don't. I don't know that, although it was like he wanted a partner on his spiritual journey and that was part of what he wanted me to do, whether it was TM, or whether it was channeling, or the Ouija board.

Larry Ouija board, he didn't like to do that by himself, I've heard.

Carolyn And A Course in Miracles. It was like I was the partner of this. I never knew what I'd signed up for here.

Larry I wonder if that was so he could discuss it with you, because he lamented often to people that he wished that he could talk to people, but he didn't dare. Like Jim Keating, I don't know if you knew him. John told him you're a very lucky man because you can talk about this.

Carolyn Right, yes. He was very guarded about that. By bringing me into it, and as we know, he brought his wife into it, too, with him (Ed Note: Rhea was initiated a little later, in March 1975, in Tucson). I'll just tell you my own inner experience: He brought me into it, and it was really helpful to me, and I used it for a while in my own practice. I think the requirement was 20 minutes a day, 20 minutes morning and night of meditation, if you could. It was really one of my first inner experiences, in that they talk about going to 'levels' in this practice; I saw my grandma and grandpa who had been deceased come to me. I was taught—and probably a lot of people were who were raised, as I was, in the Protestant faith—that meditation and astrology was occult and taboo. When I had my grandparents come to me in meditation, they told me it was okay. Then it was like I had a confirmation from the other side.

Larry You visualized them?

Carolyn Yes, I saw them, and even my grandmother, I remember, had a particular odor and I got that odor.

Carolyn That was my first inner experience.

Larry You knew them quite well as a child?

Carolyn I knew them up until I was eight or nine years old, and then they moved to California. But my Grandpa Woodard was like my first spiritual teacher because he was very religious.

Larry What denomination?

Carolyn They were Quakers actually, so they do a lot of inner work, too.

Larry Yes, they do.

Carolyn He was also a Bible student, and to have them come to me was really

significant. Although John never shared with me his inner experiences, he'd always like to hear about mine which was kind of an interesting thing about him. He would say, "Well, I don't have inner experiences," or something.

Larry Yes, he would say that to people.

Carolyn So that he could get information.

Larry He said that to Judy Skutch-Whitson, that he didn't have dreams and he

wished he could have dreams.

Carolyn That's a lie because I used to type them. He used to bring his dreams in to me

because he'd record them on a tape recorder. and I'd have to type them out.

Larry I think he was saying that just to get the ball rolling with conversation maybe

or something.

Carolyn I think so. That shows you how he held back part of himself.

Larry They probably don't survive do they, those transcripts of his dreams?

Carolyn No, I don't know what happened to them, because I think he started throwing

stuff out; then Bruce resurrected some of the channelings.

Larry Yes, some of those channelings I think are missing, but we have some.

Carolyn When Bruce realized what he was doing, he did save some of them.

Larry Do you remember anything about those dreams?

Carolyn No, I don't.

Larry It was a long time ago.

Carolyn Forever. Going back to TM, it was a long time ago. I stayed with the practice

a few years (Ed. Note: As did John, who was still active in August '77 when he went to TM Headquarters in Switzerland). Then I got remarried in the meantime, and I had a lot of other stuff going on. I got into an inner practice

later.

Larry What [practice] was that?

Carolyn Jim Gordon, of course, was Mr. Fetzer's mentor and spiritual teacher, and

after John died then Jim directed me to a teacher on the inner path.

Larry Jim Gordon did.

Carolyn Jim Gordon, right, after Mr. Fetzer died. I was kind of stubborn in some respects, because I didn't want to just take on everything; part of me had to do it my own way. Later it came to me that that was what I wanted to do, because I had gotten off the meditation path.

Larry Yes, so it was an evolution in your own mind. You stayed interested in TM for two or three years; then you left the esoteric for a while until after John died.

Carolyn Right.

Larry Then you got back into it. Okay, that's interesting.

Carolyn I kept up with A Course in Miracles because John wanted to bring spirit into the Institute, and he wanted an Attitudinal Healing program (Ed Note: Which is based on The Course) at the Institute, as a practical way of bringing spirit into the Institute. Then I got more into my own emotional healing, so that's a whole other story.

Larry Okay, that is interesting. I think when you first got hired in 1973—I'm kind of paraphrasing what you told us already—John went on vacation or away for a while and told you to look through his files. I think perhaps the idea behind it was to kind of brief you on some of his esoteric ideas. Do you remember what you found when you looked through, and what you thought about it?

Carolyn Well, it was very interesting. It was an eye opener. because this was a part of life that I hadn't even thought about before. Talk about expanding your horizons. I recall reading a book by Ian Stevenson, who was one of the individuals he was interested in, and who he funded through the foundation. Ian Stevenson wrote several books about reincarnation; he called it Studies of the Reincarnation Type. He never said he *believed* in reincarnation, but he phrased it in his studies. He went to India or other cultures where reincarnation is more talked about, and he studied young people. Some of the studies were about young people, like before the age of ten, who started talking about previous lives very easily; they would go to a town and they would remember this house and they would remember where this was and where that was.

Larry Then they'd grow out of it?

Carolyn They'd grow out of it, but that's what he studied. In other words, it really made sense, because how would they know otherwise? They talked about people that they knew in a past life and who their mother and father were; all

that was very, very interesting to me. I read about him. I read about his correspondence with Harold Sherman. I think he studied ESP or he might have been a channel, but it seems like he was connected with ESP experiments. Then another person he funded was about dream research and how dreams came through the unconscious, the subconscious, and the symbology of all that. I don't remember his name, but it seems like it was Maimedes (Ed. Note: Maimonides?) Medical Center. Then—this was a mind blower—he funded William Roll who was the first ghostbuster.

Larry Oh, really?

Carolyn William Roll, he was one of the resource people for the Ghostbuster movie.

Larry Did he have apparatus like the [movies]?

Carolyn Yes. He studied all of the happenings around the spirit world and happenings in peoples' homes, and spirits and things moving around and bumps against walls, and what were people sensing.

Larry But John funded him?

Carolyn Yes.

Larry Really?

Carolyn Yes, he did. I'll tell you, I had an eyeful from the very beginning.

Larry Yes, did it scare you a little bit?

Carolyn No, not really. I just thought it was very fascinating. I had an open mind.

That's what I've always told people who come to the Institute. You don't have to believe everything, just be open to it. If you don't believe it now, it might make sense later.

Larry As I said, I think that was one of John's strengths—his open mind.

Carolyn Right, so those were the ones that I remember the most.

Larry I hadn't heard about those.

Carolyn For a Methodist Sunday school teacher, it was a whole bunch.

Larry You were doing that then?

Carolyn That's really the one that I recall the most. Then, of course, there was a woman who had taken over some of his correspondence after his secretary had

passed on. The creepy part of this whole thing was, his previous secretary had died in the very chair where I sat.

Larry Did you know that?

Carolyn Yes, I found that out later.

Larry You'd think you could get a different chair.

Carolyn So the whole situation, for a secretarial job, was a little bit weird. The other woman, who was Carl Lee's secretary, helped me: How he did his correspondence and how to do all that kind of stuff; she broke me in on all the

practical aspects of being his secretary at that point.

Larry Within a couple of years, then, John had started to share with you some of his

unusual beliefs. Would you say within a couple years or within a year?

Carolyn No, like I said—

Larry So TM was one of the first things?

Carolyn Yes, I think so.

Larry Okay. What I'm wondering about is if you remember going down there to visit Hattie with Kay, you and Bruce, and you had this conversation. You were having dinner, and there was loud music playing in the background. I was able to get a transcription of it, but you can't listen to it or I'd have played it. John is almost telling you things that you've never known before. He was telling you, sitting there at the table, that he had gone down to the Camp Chesterfield, eight years before you were born, a medium had told him that you were going to come along and be a very important part of his life. Do you remember that?

Carolyn Yes, I do.

Larry This is nine years after you were hired. Why wouldn't he have brought that up

before that?

Carolyn Because I wasn't ready to hear it.

Larry Oh, you weren't ready to hear it.

Carolyn I don't think I would have been able to digest that. Like I said, if I would have

heard everything that we heard on your Tuesday talk, when he first hired me,

I'd have high-tailed it fast.

Larry So you had evolved at that time.

Carolyn He was good about bringing me along a little bit at a time on this journey.

Larry Yes. Even then in 1982, he was kind of reluctant. And you were saying, "Oh, come on, tell me, tell me about it."

Carolyn Oh, he was.

Larry Yes, and you remember that, do you?

Carolyn Yes, a little bit. I do remember that. Hattie was more involved than we knew in the esoteric stuff.

Larry One of the things we've found, I don't know if I mentioned it, but down at Camp Chesterfield they've got what looks like the hall of records.

Carolyn Yes, and Tom showed me that on his screen saver.

Larry But there's a concrete pillar with the names of people who contributed for it, and one of them was Ribble; I didn't get the first name, and it was too low to get a photograph of it. We've got to find out if that was related to Fred Ribble because that would confirm.

Carolyn Right, so maybe Fred was into that stuff too.

Larry He might have been, or some of his family. If we can pinpoint that, he was so influential on other things with John. He might have gotten to thinking about that, too.

Carolyn He was kind of like a father figure to John.

Larry He was, yes. He got John into the radio and telegraphy and baseball.

Carolyn Right, he was his father figure for sure.

Larry So you thought maybe you were ready to hear it at that time?

Carolyn So that was in '82?

Larry Yes, November, I believe. Were you ready to hear it?

Carolyn I think so. I mean, I might have, but I never thought about it that much. Working for someone like him, I really had to be careful not to get my ego too attached to these unusual beliefs. I tried to keep myself at a distance from it if

I could; however, I got involved anyway. It was a self-preservation thing. Does that make sense?

Larry Yes, that you didn't want to mingle your business responsibilities with this other stuff. Is that what you're saying?

Carolyn Yes.

Larry Which is good. You want to keep your job.

Carolyn Yes, I had to kind of separate myself. If all this was true, it was true. I realize now - the longer I live, the more I figure I was where I was supposed to be—and I learned that in A Course in Miracles. It's like I was where God planted me to be at the time, and I was supposed to be there. I think I was there at that time to help fulfill not only what I needed as a soul, but what he needed to go forward.

Larry Yes, right place at the right time.

Carolyn So if some psychic picked it up eight years ago, so be it.

Larry Yes. This would have been eight years before you were born. It would have been in 1934.

Carolyn Oh, really?

Larry That's what he was saying. Eight years before you were born. That is the first date we have of him actually going to Camp Chesterfield.

Carolyn Really? Then he attributed that I was the one that showed up.

Larry Yes, when he really needed somebody you would show up. If you want to read it, I have the transcript of that.

Carolyn Yes, do you want me to make a copy of it?

Larry You can actually—yeah.

Carolyn I can make a copy of it. I have a copier. I guess I'd forgotten that part. I almost wonder, too, because his secretary, Wilma before me, she was a darkhaired woman, too, and I always wondered if she was the one.

Larry That's the one that died in your chair.

Carolyn Yes, because John would kind of manipulate things according to what was happening at the time. I had heard him do that before, manipulate facts a little

bit to fit in with what was happening at the time. I've seen it, and I'm not saying that he lied, but he kind of changed things around a little bit.

Larry I wouldn't be surprised.

Carolyn Because he was like a chess player.

Larry But he makes the point here that there was no good reason why he hired you other than that. In other words, you were too young. You were 32 or something like that. There was no reason to hire a young girl like that he said, but this proved that this medium was right and that you proved to be just what he needed.

Carolyn Oh, I'd forgotten that conversation. I really did.

Larry This is a little mini cassette tape that was never transcribed. Kay had it. She gave it to me.

Carolyn She did?

Larry Yes.

Carolyn Oh, I'm glad she finally gave that to you. There are gems in that.

Larry Oh, there are.

Carolyn There were some gems in that. That's true and I wondered, too, why I got to be where I got. I mean, it was just happenstance. Is it always happenstance or is it predestined? Because I was working at the bank and—that story is probably in there somewhere—and I was working at ISB Bank and, as you know, the bank is a holding company. It's run by the holding company. Pete Haab was the president at the time, and I was working for him and Ron Bieke. Pete Haab was let go, and he went to another bank in town, First National Bank. He was at a cocktail party and Carl Lee (President of Fetzer Broadcasting) was on the board of this bank and Carl was talking about Mr. Fetzer, whose secretary had died, and he was looking for a secretary.

Larry Were you between jobs, too?

Carolyn No, I was still working at the ISB bank for Ron Bieke. He was the CEO. Pete Haab called me, and said he'd heard about this job. I said, "Well, that sounds kind of interesting. Who's John Fetzer?"

Larry And you'd been in Kalamazoo for quite a while.

Carolyn Well, since the mid-60's. Of course, I'd heard about Fetzer Broadcasting, so I knew his name. I said, "Well, I don't know, he's kind of old," but I thought, I'll check it out. The rest is history. Is it happenstance or is it synchronicity? Which is more? My being there at the right time.

Larry Yes, you wonder about that. It's happened in my life so many times. Things that you think are bad at the time turn out to be the best thing that could have happened.

Carolyn Oh, I thought, "Is he going to die soon?" He said, "Well, he's not going to die with his boots on, and he had another book in him." That's what he said. And there have been more books about him than one.

Larry Well, he did the two genealogies.

Carolyn Right and those were completed by the time [I started].

Larry Right, they would have been. I think it was '71 he did the second one.

Carolyn Right.

Larry Something that I don't know if you can help me with, but I wonder about: It seems that he got some of these ideas of the reincarnation of individual people from Jim Gordon. I'm not sure if he got all of them from Jim Gordon or not. I don't think he got this Atlantis person, but I wonder where he got the idea that this is his last go around. Do you know anything about that?

Carolyn I don't know where he got that. I think that it might have been an inner knowing that he got. Especially once he got on the path of Sound and Light, where he had a living spiritual teacher, I think he thought then that would be one way to break the reincarnation cycle. It is said by a living spiritual teacher that if you go high enough in your meditation practice, that you don't have to come back unless you're requested by God. I know that from my practice. I think that he might have gotten that from the path of Sound and Light which is ancient, not something just "new age". It has roots in ancient Persia, and you see evidences of it in some of the early poets and philosophers like Rumi, Plato, Aristotle. I think he got it from that.

Larry So he wanted to go up to a higher sphere.

Carolyn Right. I think when he got a lot of stories about his own reincarnation and his own incarnations in different lifetimes, that he just finally said, "I want to be out of here."

Larry Well, he was close to 90 and even though his mind was sound, he was getting tired.

Carolyn He was getting tired. It was that part of the life process you go through once you get to that age. He said, "This is me here," and I think he said that at the Global Conference, "But my body died five years ago."

Larry Yes, somebody else said that he was living on borrowed time basically; but he had to get the Institute established, and he had to get it with someone he could trust, which turned out to be Rob.

Carolyn Yes, he did. I'm sure it must have been through the channelings with Jim Gordon that they talked about the fact that he had done something similar to this before and had failed. It must have been through those channelings, because Jim could see past, present, and future; I've observed him and trust him because he never tripped John up. Some other gifted people got their ego involved, like Ken Killick, and then it messed everything up. It almost cancels it, the good they could do.

Larry Well, you would lose your faith in somebody that gave you the wrong answers.

Carolyn I think that through Jim Gordon and the channelings (although we might have lost some of them), that's where he came up with the idea. In some of my studies, I've heard of group incarnations, where groups might migrate together to do the spiritual work.

Larry What I wonder is, if there were people reincarnated with John in this go around, would that also be their last reincarnation?

Carolyn Not necessarily. No, because each individual soul has their own journey.

Larry But it wouldn't be the entire group together again, obviously, because John was out of it.

Carolyn Right. There's another thing (and I'll just put this on tape and we'll decide what to do with it later because it isn't public unless I say it can be public): because we talked about: Is John still available to us? Some people have wondered if he's available to us or if he's gone on. If you talk about channeling and if we would go to Camp Chesterfield, would John come in necessarily? We don't know that. But there was a time - and I haven't felt him around there lately - but there was a time when we were doing Legacy Committee work and we were developing five cardinal principles. I was on that committee at that time, and I thought, "I wonder what John would have to say about that." I've told this to Tom and I've told it to Bruce so they both know this story; but let's just get it on the record, because I hadn't wanted to be in the position of having to be a channel for John. I've had to set my boundaries around all that.

I was at Seasons one weekend for an Inner Light Ministries retreat, and one of the women there was (clairvoyant) kind of. She said, "John's here and he wants to talk to you." She saw him in the meditation room. I've seen him in the meditation room myself, little glimpses, and I said, "Oh boy, I don't know if I want to do this," and she said, "And he's got something he wants to tell you." I thought about it, because I thought (and I wrote this down somewhere), he has something he wants to say. I thought about it for a couple of weeks. "And he wants to meet you behind Seasons." She told me this. I thought, "Oh boy, creep city again."

I don't know how this came up, but I set a time that I would go there, and it was in the summer, so I'd have a little bit more daylight. I wasn't going to go there in the dark. I'm just too much of a scaredy cat. I thought, "Okay, this is when I'm going to go," and I did a very intentional meditation, calling in the light so I knew that I was protected. I've learned in meditation that one thing to do, because there are so many entities on the other, side to protect yourself, by calling on the light, calling on Jesus, whoever you need, Quan Yin, Mother Mary, to keep you protected and in the light. I did a walk through the woods and I came upon a bench behind the Seasons buildings.

Larry This is down toward the lake?

Carolyn Right, down the stairs, but just behind the buildings there's a peace sign there, a little peace symbol and a bench. I sat down there and I had a notebook with me because so I thought, okay. I closed my eyes and I really intentionally chanted my inner tone, and inside I saw John walking down the stairs. I saw him in his business suit and his tie that never matched anything. He came and he talked to me, and I had this little dialog that went on: He asked me how Kim (my daughter) was, because he knew I was worried about her, and he said, "She'll be fine. We're looking out for her." Then he said, "These are the principles that I want you to make sure that are in this committee statement." He dictated, just like I was sitting there across the desk, I'll tell you.

Larry Did you write them down?

Carolyn I wrote them down. I took some notes, I've got them somewhere, and I can forward them to you if you want (see attachment).

Larry That would be interesting.

Carolyn That was about it. He told me who I could share it with, yet I didn't want to share with the group that I received this inner dictation from John. It was the last communication that I had.

Larry Do you remember about when that was? After Seasons obviously was built.

Carolyn I've got a date. I've got it on my computer, so I can always find out the date. It was sometime in the mid 2000's. It was after I had retired, because we were doing the Legacy Committee work; we were developing these five cardinal principles. I checked them out with Jim Gordon and Tom Beaver. I asked, "Am I making this up or what do you think about this?" Tom thought it was pretty authentic and Jim said it was authentic, except it was partly John but it was partly my higher self. It kind of came together, so it was partly my own wisdom and partly from him. When I wrote it down, he signed it "J.E.F." and that's how he signed all his notes to me.

Larry Oh, it wasn't your handwriting?

Carolyn It's just JEF and that was his signature.

Larry Yes, I've seen that.

Carolyn You've seen that, too. After that, I really have not had [further communication], but something he really wanted to get in there on the legacy.

Larry Did they incorporate those principles?

Carolyn Most of it is in there; some of it was about the inter-faith, and bringing more religions together. It was speaking to the "I Am" part, which is sub-soul part, and a couple of other things.

Larry Then, evidently he would have to be the one to come out of this higher spirit.

Carolyn Yes, that takes a lot of energy. They don't do that easily.

Larry I asked Jim Gordon if he could channel John, and he said no. He said he has gone too high and it could do damage to him and damage to me, too, if he tried.

Carolyn Right, the vibration, right.

Larry But if he, John did it on his own, yes. That's a real interesting experience.

Carolyn Oh, it was. Yes, it was. Then I didn't know who to tell.

Larry How did you feel after that? You got up from the bench. I mean, were you shaky-like?

Carolyn No, but I felt really good, because it wasn't as scary as I thought it might be. I felt more calm and peaceful about it, and it just felt like it was a good thing. It didn't drain a lot of energy, but it was like he was just sitting there. I've had a

couple of other times when I might have seen him in meditation, behind the big desk. I knew.

That was another thing, and I think that's documented somewhere: I'm not sure, but about the time that they were going to sell the Hawaii property he wanted to make sure that that was done properly, that kind of thing. Then it seemed to me a staff member at Fetzer, had seen him in the meditation room too. She had told me that he had seemed kind of agitated before I had that meeting in the woods, and she saw him after that and he had calmed down quite a bit.

Larry And as you said, you don't want to be his channel, do you? No?

Carolyn No, he told me once that I would be a channel.

Larry Oh, did he?

Carolyn Yes, he did. I said no, thank you.

Larry That's not in my job description. That's good. So it was done in evolution of just bringing out these things that he had experimented with. Do you think, did he withhold anything from you?

Carolyn I think he did, some things. I didn't know about his health. The thing is he got kind of oppressive and possessive of me, and I had to kind of break the mentor-mentee relationship. I had to break away from him a little bit, so I had to distance myself. It just got too overpowering.

Larry Overbearing?

Carolyn Right. When we went to the Burdick Street location, Skyrise Business Center, that's when I got out from under a little bit. But to go back, I did not know about his first heart attack, so he withheld certain things from me.

Larry His first one.

Carolyn Wasn't that mid-80's or something?

Larry Yes.

Carolyn I didn't know about it.

Larry Actually there was one about 1975, '74. That's the one when he was out in Tucson recovering. That's when Judy sent him A Course in Miracles.

Carolyn He never told me that. See, I didn't know that. Of course, he didn't know me

as well then either.

Larry Right.

Carolyn He probably didn't know if he could trust me with that kind of information.

I'm not sure.

Larry And men don't like to let people know they're not feeling good.

Carolyn Right, I'm not sure what his heart condition was. Did he have congestive heart

failure?

Larry I think it was a mild heart attack, the first one, and he was recovering out

there.

Carolyn Of course, I knew about the carotid artery story, so I knew that part. Then he

had another one in the mid-80's, I think.

Larry Yes.

Carolyn Which was more severe; and that's when Lloyd went out and stayed with him,

right?

Larry Yes.

Carolyn I knew about that one.

Larry It seemed that every time he was divesting himself of something, it was

stressful for him. He was giving up his kids.

Carolyn And that was after the Tigers.

Larry Yes, well the Tigers would have been '83.

Carolyn Yes, that's when he had that one, yes.

Larry I was—

Carolyn It's part of the grief process. I've found in my own life, my body reacts when

I'm doing some grieving and I think the body reacts all different kind of ways

to grief.

Larry I think so, too.

Carolyn So that was a grief.

Larry We don't even realize sometimes, because that was hard for him to give up all those things he'd built up over the years.

Carolyn Right. That was just about the time when I had hired another secretary for him because I was doing three jobs, the office—running the house, foundation business and signing checks.

Larry Oh, were you running the Rhea house, too?

Carolyn Well, yes. I was hiring nurses and firing people and hiring them, if he didn't like some of the cooks that came in.

Larry You had a lot of hats.

Carolyn Then, of course, his correspondence, and then the Foundation that was just getting up and running; right around that time was when I said, "Enough is enough." I hired a secretary, and I chose to go to the Institute office and work there. And that's when I took on another hat. I don't know why I never said, "No."

Larry Your upbringing probably. You work hard, you don't say no.

Carolyn Yes, choose the next thing.

Larry Yes, I've always been the same way, even if I've never done it before. "Yes, I can do that."

Carolyn So that's what I did. I've never done that. I had to hire an attorney to keep us out of trouble, you know, the deep pockets. I'd never done that before, but we found the best attorney, and to this day I think it's still the same attorney. His name was Kevin McCarthy.

Larry Oh okay, that was not Luptak?

Carolyn No.

Larry He turned out not so good.

Carolyn No, he turned out not so good. When I said, "Okay," it was like on the job training. With HR, it was on the job training. Then Attitudinal Healing, on the job training. And there I was, actually doing a psychologist kind of job.

Larry Sure.

Carolyn It's scary to think of.

Larry Now tell me about that Attitudinal Healing.

Carolyn Well, John had met Jerry Jampolsky. In fact, he wanted Jerry Jampolsky to come on the board of Fetzer. He was a friend of Judy Skutch, so that was A Course in Miracles connection, Attitudinal Healing. He was a psychiatrist. He ran groups in California for terminally ill kids and their families, but then he coined the term, as he and Judy were walking on the beach one day, called Attitudinal Healing.

At that time then there were other people who were joining the bandwagon, maybe especially people who had studied A Course in Miracles. It was a practical way, a service component of a spiritual philosophy. John (right after Rob Lehman was hired) wondered if I would be interested in leading Attitudinal Healing groups. I said I wasn't sure, but I would think about it.

There was a training going on in California by the Attitudinal Healing Center out in Tiburon, and he wondered if I would go to this training; and I said, "Okay, I'll go to this training. I'll see what it's about," and I asked if I could take someone from the Institute with me. So I took someone with me, her name was Joanne Paul, and she was working with Bruce at the time. I said, "I'll let you know." In other words, I've got to learn more of what this is about; but in my study of A Course in Miracles, I was learning more to trust spirit, so that if spirit wanted me to do this, then I would follow and do the next step.

I came back to the Institute after the training. I had a breakthrough there from some old grief; they have processes that turn you inside out and upside down. It was held in a convent, and I love convents; that's a past life from my perspective, because I felt comfortable there. Now why would a Protestant girl raised in Methodist church like a convent? But I love them.

Larry It might have been before Luther?

Carolyn I loved it. I just thought, "Okay, I'll see what I can do." I just said okay to running the Attitudinal Healing program. I went on this journey, because John felt that this would add to the spirituality of Fetzer, to have an Attitudinal Healing group in the walls of Fetzer. It didn't work out too well in the admin building; there were several side issues.

We used one of the rooms at Fetzer and we did very well. here's a group in Kalamazoo that was really into this personal transformational growth processes. We ran it, and I had another woman assist me with it. We ran two facilitator classes concurrently, they were eight week classes, and we filled two rooms up. We must have had 40 people involved at the same time.

Larry So this went beyond death and dying then?

Carolyn Yes.

Larry This is the healing of yourself.

Carolyn Healing yourself, right.

Larry Like biofeedback in a way?

Carolyn We did group processes, with creative arts, for example. We found a person, a graphic artist actually, with her own business. Because of attitudinal healing she went into art therapy, the healing of terminally ill kids and burn victims, etc. There was just a whole lot of hunger in this area for that kind of thing; (it was about) healing yourself before you can heal others. It was a really good program.

I completed a facilitators manual to work with the trainings. After the training in California, I took a class from Genevieve Weirich in Grand Rapids, and I went to Washington, D.C., for some training with Susan Trout, who also knew Judy Skutch. There was a lot to it.

(Break in tape)

Larry You had quite an interesting time from '73 on.

Carolyn Like I said, it wasn't a journey. It was a trip, and it wasn't drug- induced

either.

Larry How does your husband feel about your beliefs?

Carolyn He knows it's part of me, but he doesn't adhere to it. He's more a physical

kind of guy. He's in the building trades and he's more a physical, hunter,

fisherman type of guy.

Larry Okay.

Carolyn I really got into this more after we got married, but he's like my rock, my

foundation and my solid grounding.

Larry That's good.

Carolyn So we've worked it out.

Larry If Republicans and Democrats can be friends . . .

Carolyn They work it out. Working for John Fetzer all those 28 years, it took a lot of energy; but somehow we managed to make our marriage work. We had two kids at home during this time. So it was multi-dimensional, but I did it somehow. It is what it is. He respects my spiritual beliefs and that's part of who I am.

Larry That makes sense.

Carolyn Catholics and Protestants get married, or Protestants and Jewish folks or Christians and Jewish folks. It's a matter of respecting and honoring each person.

Larry I think, this is a generalization, but I think women are more spiritual minded than men anyway.

Carolyn I think so. It's the feminine. It's somehow the feminine energy.

Larry This inner voice, women listen to it. They do. It's called, like, instinct, different things like that.

Carolyn That kind of thing, and how women move in the world. In most of the spiritual groups I've been involved in, there might be one or two men. That's not a whole lot. This last weekend retreat there were two men and a facilitator.

Larry There are always exceptions.

Carolyn Yes, there are always exceptions, that's right.

Larry Can you think of anything else that comes to mind? You've given a lot of good information today.

Carolyn I probably told you more than I thought I was going to.

Larry You have the right to do anything you want with this information, you know that.

Carolyn I know that too. I really can't think of anything else. I hope it's been helpful.

Larry It has, very much so.

Carolyn The only other thing, as far as the Tigers and transcendental meditation, I know that he and Jim Campbell went back and forth on that.

Larry Campbell didn't want it?

Carolyn Campbell didn't want it. He's a more physical guy, ball player, sports, physical. He thought, "Well, if you want to do it, we'll try it, see what happens."

I know that John Fetzer in that way wanted to share something that worked for him. I know that he gave out A Course in Miracles books to a lot of people, and a lot of people aren't ready for that information. It's channeling. It's too strange. It's couched. It's very difficult material for some people, but he tried.

Even in his genealogy, we know how subtle John was. In his genealogy through America's Agony, I think he was trying to share something with his family that they might not have gotten otherwise. I think he felt that whatever he learned would help his ancestors as well. So if it was in writing, he honored them through the books. We know how he got information at Camp Chesterfield, that they might learn from his inner experiences too.

Larry Yes, I think one of the reasons that he did that genealogy, he told somebody that he wanted to get some of his ancestors out of the dark.

Carolyn Sure. He'd give the books away, and he sent them to libraries all over the place. In his own way, he was sharing his spiritual journey, but you had to discover it. You had to be open to it to get it, to see it.

Larry There's more of that realm in the second book than the first one.

Carolyn Right, that's where American's Agony is.

Larry So yes, we're going to see if we can talk to somebody that was on the [Detroit Tigers] team in '75; I suspect there were some that thought, "Well, this is bologna," and then some that maybe gave it a try.

Carolyn Oh, right.

Larry The one contact we had, we found out today that he's got Alzheimer's, but there might be somebody.

Carolyn Who was that?

Larry Oh, I forget his name (Ed. Note: Bill Freehan). One of the star players in the 70's.

Carolyn Was Al Kaline in that team then?

Larry I don't know. Mark, The Bird, Fidrych; you know that story, John working with him—

Carolyn Right, I know that story.

Larry I think some of that took place in Kalamazoo, in his office with the pendulum,

which is interesting.

Carolyn I remember that. I've got a picture of him with Mark.

Larry Did he do the pendulum with you ever?

Carolyn Yes.

Larry Let me ask a question. I was thinking about that. Where was that knowledge

coming from?

Carolyn How did he learn how to use that?

Larry Was it coming from John's mind or where was it coming from, the answer to

these questions that get posed?

Carolyn Oh.

Larry For example, Bruce didn't believe in it, and so he had a whole bunch of

numerical questions, square roots, that John could never have known the

answer to, and it got it right most of the time.

Carolyn Higher consciousness?

Larry I don't know.

Carolyn We all have different levels of our consciousness, so it's probably higher

consciousness, I would say. It's in a higher level, but I don't know of what

realm it would be.

Larry Right, because it wouldn't be coming out of the pendulum itself. It's coming

from somewhere.

Carolyn I've done the pendulum before.

Larry And it works for you?

Carolyn Yes, it works. Although I'm not really good at pendulum when it has to do

with my own family, because I have too much of an investment in the

outcome. I have to be detached.

Larry Could you do it with the stock market? That would be useful.

Carolyn Yes, it would be. [John] had fun with it, though at times ... and the dowsing, I

think he thought that was great fun.

Larry Yes.

Carolyn Because when we did that with the Monday night group, he thought that was

great fun.

Larry He had an ability.

Carolyn Yes, he did, I think.

Larry I believe in that.

Carolyn The fact that he found water out in Arizona when no one else could find it.

Larry Yes, but you've got to have a special ability, evidently.

Carolyn I think so. I think yes, it's an ability. I don't think it's something you can teach

someone.

Larry No, no.

Carolyn You either have it or you don't.

Larry Right, like so many things.

Carolyn I can't think of anything else, but it's sure been interesting.